

BIDS ARE INVITED  
FOR ROAD PROJECTS

Bids for Improvements Will be Opened at Government Offices

Bids will be received at the office of the District Engineer, Bureau of Public Roads, U. S. Department of Agriculture, until 10 A. M. August 17 for the construction of several road projects.

The Canyonville-Galesville National Forest road project near the Umpqua National Forest near Douglas county, involving the following:

Project to be 10.1 miles long, 45 acres of clearing, 30 acres of grubbing and 122,000 cubic yards of excavation; building bridges, culverts and retaining walls.

National Forest Road project within the Stenslow National Forest in Tillamook county, eight miles in length, 40 acres clearing and grubbing; 30,000 yards common excavation; 4000 yards of rock excavation, construction of bridges, culverts, etc., and 10,000 cubic yards of surfacing.

Plans and full particulars may be secured from James T. Schuyler, acting district engineer, 202 Broadway-Yamhill Building, Portland.

## WHY SUGAR IS SHORT

There is a greater shortage of both the sugar-cane and sugar-beet crops than was expected in the early part of the season. At no time since the beginning of the war has there been a normal output of sugar because of the devastation of foreign sugar-beet fields. There has been a serious loss of sugar at sea due to the submarine warfare. The government requires a generous supply to meet the needs of the men in the service.

## Ask Anyone Who Has Used It

There are families who always aim to keep a bottle of Chamberlain's Colic and Diarrhoea Remedy in the house for use in case it is needed, and find that it is not only a good investment but saves them no end of suffering. As to its reliability, ask anyone who has used it.

CEMENT DRYDOCK  
STARTS JANUARY 1ST

Construction of a cement drydock costing \$150,000 will be commenced in Portland January 1, next, by Joseph Supple, who recently disposed of his interests in the Supple-Ballin Shipbuilding corporation of this city.

The dock, which will be designed to meet the requirements of the port for years to come, will be located on the east side water frontage owned by Supple, immediately south of the Morrison street bridge. The dock will be 300 feet long, not including the two aprons, and will be able to accommodate any of the vessels ordinarily making this port.

Faith in the future of the supremacy of the port of Portland caused Mr. Supple to decide upon the new venture, the first of the kind yet undertaken in Portland. Following the end of the war the Columbia river will come into its own as a great shipping center, according to the belief of the veteran builder.

## FRUITS FOR CHILDREN

Fruits should be served in some form to children at least once a day. Fruit juices and the pulp of cooked fruit, baked apples and pears, and stewed prunes are safest. Whether the skins should be given depends partly on the age and health of the child and partly on the way the fruit is prepared. If the skins are very tender, they are not likely to cause trouble, except with very young children. When apples and pears are baked the skins can be made tender by frequent basting.

"No," said she, "I can only be a sister to you." "Very well," said he, "I must be going. I had expected a different answer from you, but—well, good-night." "George," she faltered, as he started out into the night. "George!" "What is it?" he asked, very crossly. "Aren't you going to kiss sister good night?"—Stray Stories.

Advertising in the Mist pays.

PLATFORM ADOPTED  
TO ENFORCE PEACE

At the "Win the War for Permanent Peace" Convention

Assembled in Philadelphia, May 17, 1918, in a great Win-the-War Convention the League to Enforce Peace reaffirms its pledge to these two supreme duties, each essential to the other and both essential to the cause of human freedom:

1. To make the world safe by the defeat of Germany and German militarism.

2. To keep the world safe, by a League of Nations.

The League to Enforce Peace pledges unstinted support to the commander-in-chief of our army and navy, the President of the United States, and to all others in authority in all measures for victory over the military power of the Kaiser, realizing that such victory is the primary condition of lasting peace and the necessary basis for a League of Nations.

The League, standing for international law and justice, declares until Germany is overcome the paramount and pressing duty of the United States and the other free nations, with which this country is allied, is to fight with unconquerable determination for a victorious peace.

## Warning Against a Germany Peace

And, apprehensive of the lure of an inconclusive peace, which would enable the present masters of Germany to continue their domination of Central Europe and sooner or later to menace again the peace and freedom of the world, the League feels that our people should be forewarned, in case Germany should propose to make peace on terms that might well deceive the unsuspecting. Suppose she should offer to retire from Belgium and France; to cede the Trentino to Italy; even to relinquish all claims to her captured colonies, and to promise some kind of autonomy to the various races of Central and Eastern Europe. Such an offer would be highly seductive, and, if we are not prepared to understand what it means, might well beguile the Allies into a peace which would be delusive; because unless the principle of militarism is destroyed, the promises would be kept no better than those broken in the past. Autonomy of other races would mean their organization for the strengthening of Germany, until she had control of the resources of a population of two hundred millions for her next war; and the abandonment of her former colonies would be made only with the hope of recoupment in South America on a more favorable occasion. Such a settlement would be a mere truce pending a strife more fierce hereafter. So long as predatory militarism is not wholly destroyed no lasting peace can be made.

We welcome the declaration of the representatives of organized labor in our convention and elsewhere that the workmen of this country sympathize with these views and recognize the vital concern that they, in common with all who love liberty and equality of opportunity, have in the striking down of militarism and the formation of a League of Nations to maintain permanent peace. We rejoice in the pledge of the leaders of organized labor that they and those for whom they speak will strain every nerve to secure top speed and one hundred per cent efficiency in labor's part of the needed production of war material. With them, we declare that all persons or groups of persons who in open or private collusion with persons in enemy countries attempt to initiate peace negotiations independently of the government are guilty of violating fundamental principles of Democratic government, based upon the consent of the people.

Our fathers were wise because they looked the facts of their day in the face, discerning clearly the signs of their time; and we shall follow their example by doing the same in our day. The time has come for their heirs to take part in a League of Nations to maintain an enduring peace here and elsewhere. With faith in our purpose, with constancy in effort and sagacity in action, we must finish the work we have begun, until the principle for which we fight stands victorious and unquestioned; and then we must build a structure that, so far as human wisdom can reach, will banish the scourge of war from among men.

COTTAGE CHEESE  
WITH FRUITS

At this season of the year when the supply of fruits is at its highest and large quantities have been made into preserves, the combined use of preserved fruits and cottage cheese as a food-saving system should not be overlooked. The U. S. Department of Agriculture points out that cottage cheese with fruit preserves, such as strawberries, figs or cherries poured over it, and served with bread or crackers, makes a most appetizing and sustaining dish. If prepared, cottage cheese balls may be served separately or eaten with the preserves. A more attractive dish may be made by dropping a bit of jelly into a nest of the cottage cheese.

## MORE SHEEP NEEDED

That mutton and wool production in this country can be increased greatly admits of no doubt. This can be accomplished by developing sheep husbandry on farms, especially in the Eastern and Southern states. Steps should be taken in the east and south to do away with the sheep-killing dog menace by state or local action. Large results can be secured by improving methods of breeding and management on the range; by securing the restocking of improved farm lands with sheep; by the larger use of forage crops and pastures; by encouraging sheep and lamb clubs; by the elimination of parasites; by protection against losses from predatory animals; and by having lambs ready for market at from 70 to 80 pounds weight, thereby requiring a minimum of grain to finish them and making possible the maintenance of larger breeding flocks.

Mist Want Ads for Results.

## How's Your Automobile?

Now, more than ever before, you must watch your automobile and keep it in perfect order. Automobiles are hard to get, parts are getting harder to get every day. So watch your car to see that it is kept in good repair. Don't neglect the valves, don't run with an engine knock. Keep the play out of the rear axle.

Remember the City Garage is one of the best equipped repair shops in the county and special work is easy for us. We handle lathe work, make small parts, battery work besides all automobile repairs.

## ST. HELENS GARAGE

Phone 57 H. M. TERRY, Prop. On the Strand

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